

This newsletter and the Secondary Student Achievement Professional Learning and Development initiative is funded by the Ministry of Education. The providers are The University of Auckland and Te Tapuae o Rehua consortium.

# National Newsletter: Health and Physical Education

Information and resources for middle leaders in secondary schools | Term 4 2012

Kia ora koutou

Welcome to our last newsletter for 2012. The year may be coming to a close but there are still exciting opportunities to engage in professional learning and development this term. For details of events, contact your regional facilitator. You can also access details around PLD from: <http://nzcurriculum.tki.org.nz/Ministry-curriculum-guides/Secondary-middle-leaders/Professional-learning-and-development>

We are really interested to ensure we meet the learning needs of middle leaders of Health Education, Home Economics and Physical Education. To help us best meet your needs for 2013 you are always welcome to contact us.

Kind regards,  
Rachael Dixon and Siobhan Harrod

## The updated Teaching and Learning Guide

Recent additions to the Health and Physical Education senior subject curriculum guide are summarized below. The guide aims to assist teachers to design quality teaching and learning programmes at levels 6 – 8 of the New Zealand Curriculum.

Two main sections have been added to the guide and these are summarized below.

### **Pedagogy**

This is a comprehensive section covering different aspects of effective pedagogy in the Health and Physical Education learning area – including effective teaching approaches, developing critical thinking and assessment for learning.

### **Learning Programme Design**

This section is full of ideas to support teachers in designing programmes of learning for senior secondary HPE courses.

There is a particular focus on programme planning at level 8 of the NZC and samples programmes are exemplified for each of Physical Education, Health Education and Home Economics. Go to:

<http://seniorsecondary.tki.org.nz/Health-and-physical-education>

## TKI update

Final drafts for the level 3 aligned Achievement Standards, Conditions of Assessment documents and matrices have been uploaded. Access these through:

<http://ncea.tki.org.nz/Resources-for-aligned-standards/Health-and-physical-education>

## NZQA links

The national moderators for the three subjects have recently added newsletters. Access these through the 'quick-links' below:

<http://www.nzqa.govt.nz/health>  
<http://www.nzqa.govt.nz/homeeconomics>  
<http://www.nzqa.govt.nz/pe>

## Subject associations

PENZ is running a two-day *Inspired Leadership* event in Timaru on 22-23 November. For more information, see <http://www.penz.org.nz>

NZHEA has a Facebook page that is updated regularly: <http://www.facebook.com/nzhealtheducation> as well as the new Moodle: <http://moodle.healtheducation.org.nz>

HETTANZ regularly updates their 'news' and 'what's on' sections of their website. <http://www.hettanz.org.nz>

## Enhancing student achievement

ERO's recently published report *Evaluation at a Glance: Priority Learners in New Zealand Schools* is an essential read. The report identifies three issues that ERO believes most need to be addressed by schools in order to make a significant difference for priority learners – those students who have been identified as not experiencing success in the New Zealand schooling system. The three issues are:

- Shifting the focus to student-centred learning.
- Knowledgeably implementing a responsive and rich curriculum.
- Using assessment information to know about, and plan for, students' learning.

When planning courses in HPE, the following questions may help guide teachers towards beginning to address the issues identified by ERO:

- What are your students' learning strengths and needs? What is the data telling you about this and what implications does this have for programme design?
- Can the students help shape the learning and assessment for this context?
- Does the context allow for diverse teaching strategies and activities? Is differentiation to meet the needs of your different students possible?
- Will students be able to work collaboratively, be self-directed and take some responsibility for their learning?

Access the full report from:

<http://www.ero.govt.nz/National-Reports/Evaluation-at-a-Glance-Priority-Learners-in-New-Zealand-Schools-August-2012>

## Resources

For those of you without access to a printed copy of the **Curriculum in Action: Making Meaning, Making a Difference**, there are two online versions of the document. The easiest document to use online can be accessed through:

[http://www.tki.org.nz/r/health/cia/make\\_meaning/index\\_e.php](http://www.tki.org.nz/r/health/cia/make_meaning/index_e.php)

**The L2/L3 Health Education Guide** has been revised for 2013 and has been emailed to teachers of Health Education. Although this is primarily a Health Education resource, the guide is available to anyone in the learning area. If you have not been emailed a copy and you would like one, please email Rachael.

The Ministry of Health **Food and Nutrition Guidelines for Healthy Children and Young People** have recently been updated. Alongside the new guidelines is an informative background paper:

<http://www.health.govt.nz/publication/food-and-nutrition-guidelines-healthy-children-and-young-people-aged-2-18-years-background-paper>

**Sport New Zealand** has recently released research into young New Zealanders' participation into sport and recreation. It can be accessed at:

<http://www.sportnz.org.nz/en-nz/young-people/SPARC-Young-Peoples-Survey-2011/>

## National newsletters

These national newsletters are developed for every learning area by national co-ordinators from The University of Auckland and/or Te Tapuae o Rehua consortium (University of Canterbury, University of Otago and Te Runanga o Ngāi Tahu).

## Sign up for alerts

NZ Curriculum Online (TKI) – a monthly email newsletter with information, links, strategies, and schools' stories on NZC Online, Key Competencies Online and the Secondary Portal.

To sign up:

<http://nzcurriculum.tki.org.nz/About-this-site/Sign-Up>

NZQA – use the check boxes to select which publications you wish to receive ('SeqQual' and 'Assessment Matters' are the most relevant).

To sign up:

<http://www.nzqa.govt.nz/about-us/publications/subscribe/>

Education Gazette – use the check boxes to select which alerts you wish to receive, including the option to receive an email with article summaries and links to full articles on the Education Gazette website whenever a new issue is published.

To sign up:

<http://www.edgazette.govt.nz/Subscribe.aspx>

### RSS feeds

Secondary Portal (TKI):

<http://secondary.tki.org.nz/rss/feed/content>

NCEA on TKI:

<http://ncea.tki.org.nz/layout/set/rss>

Educational Leaders:

<http://www.educationalleaders.govt.nz/rss/feed/Educational%20Leaders>

The Ministry of Health:

<https://www.health.govt.nz/feeds>

### Our contact details

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