

Secondary Health & Physical Education Newsletter

Information and resources for leaders of health, physical education and home economics in secondary schools
| Term 3 | June 2012

Kia ora Koutou

Term 2 provided opportunities for teachers to participate in professional learning and networking through subject associations, NZQA and the Secondary Student Achievement Contract. We hope these provoked thought and provided inspiration to continue to make a difference for our young people.

Thanks to all those middle leaders and teachers who have shared their professional expertise and experience with the community. We look forward to continuing to foster collaboration within the learning area.

Kind Regards
Siobhan and Rachael

*He oranga ngākau.
He pikinga waiora.*

Positive feelings in your heart will raise your sense of self-worth.

TKI Links

To help Secondary Middle Leaders access information around PLD opportunities a new section of the TKI website has been established. Here you will find information about the PLD on offer, workshops coming up in your region and e-newsletters.

<http://nzcurriculum.tki.org.nz/Ministry-curriculum-guides/Secondary-middle-leaders/Professional-learning-and-development>

Health and Physical Education on line has been updated.
<http://health.tki.org.nz/> from this home page you can find a number of resources to support teaching and learning programmes. For example, the online versions of The Curriculum in Action series and academic papers to support conceptual understanding of the learning area are available at: <http://health.tki.org.nz/Key-collections>

Secondary Literacy online helps secondary teachers gain an understanding of the literacy demands within subject areas and support the development of teaching and learning programmes based on the literacy needs of their learners

<http://literacyonline.tki.org.nz/Literacy-Online/Secondary-Literacy>

Events

Making Sense of Alignment for Health, PE & Home Economics.
Venue and times to be confirmed.

22nd August - Taupo
4th September - Hamilton

Contact: Melissa Young
Email m.young@auckland.ac.nz
Telephone 09 623 8899 ext. 48780

Effective Pedagogy in Year 9 & 10 Physical Education. Reflecting on your programmes.
Venue and times to be confirmed.

23rd August - Gisborne
11th September - Northland
23rd November - Napier

Contact: Raechelle Taulu
Email r.taulu@auckland.ac.nz
Telephone 09 623 8899 ext. 46393
In partnership with PENZ

Cost: No Cost. *Participants to provide their own lunch.*

Physical Education New Zealand
Level 3 NCEA alignment and planning workshops. For information and to register go to: <http://www.penz.org.nz/default.asp>

Auckland Branch of PENZ
"Unconference", 29th & 30th
November at Albany Senior High School.
A creative space organized, structured and led by HPErs attending. Book the date, more details to follow.

Clarifications

Home Economics 2.2 (91300): Analyse the relationship between well-being, food choices and determinants of health

This year, students will be required to analyse the relationship between well-being, food choices, and the following three determinants of health:

- Access to healthy food
- Social support
- Social gradient.

(From: <http://www.nzqa.govt.nz/nqfdocs/ncea-resource/specifications/2012/level2/91300-spc-2012.pdf>)

Students will need to explain in detail how the three stated determinants influence people's food choices as well as the ensuing effects (e.g. positive and negative; short-term and long-term) for individual and societal well-being.

Interconnections exist between the determinants (determinants work in combination to have a greater influence on food choices and therefore a greater effect on well-being than if only one determinant were to operate in isolation) and/or between aspects of well-being (effects for one dimension of hauora have flow on effects for other dimensions).

For further guidance, see the AS 91300 (2.2) sample examination, schedule and annotated exemplars of student work:

<http://www.nzqa.govt.nz/qualifications-standards/qualifications/ncea/subjects/home-economics/sample-external-assessments/level-2/>

Resources

Useful resources for any unit dealing with the determinants of health:

"The Solid Facts" – the WHO seminal publication which documents the 10 social determinants of health (including each of the three that are required in 2012).

http://www.euro.who.int/_data/assets/pdf_file/0005/98438/e81384.pdf

<http://health.tki.org.nz/Key-collections/Curriculum-in-action/Making-Meaning/Health-education2/Determinants-of-Health>

"The Social, Cultural and Economic Determinants of Health in New Zealand: Action to Improve Health" – although this is from 1998, the document provides an excellence source of NZ evidence on the determinants of health affecting health status and well-being in New Zealand.

<http://www.nhc.health.govt.nz/sites/www.nhc.health.govt.nz/files/documents/publications/det-health.pdf>

"Unnatural Causes": A US Documentary series on the Determinants of Health. The following link is to a short summary piece, with various links to similar material available:

<http://www.youtube.com/watch?v=diMVgcb8Qzk>

"What are the determinants of food insecurity in New Zealand and does this differ for males and females?" A 2010 report – this may be useful across several units of learning:

<http://www.otago.ac.nz/wellington/otago020409.pdf>

NZQA Links

Optional teacher-selected evidence (OTSE):

Did you know that, at any time of the year, you can send student work or an assessment activity to the moderator for feedback?

For details on how to use the OTSE facility, see:

<http://www.nzqa.govt.nz/providers-partners/assessment-and-moderation/managing-national-assessment-in-schools/managing-internal-assessment/external-moderation/teacher-selected-evidence/>

A key point when sending in OTSE is that you must ask a specific question of the moderator. See the link above for sample questions relating to sending in student work and assessment activities. The May 2012 moderator newsletter from PE also has subject-specific examples of suitable questions:

<http://www.nzqa.govt.nz/qualifications-standards/qualifications/ncea/subjects/physical-education/moderator-s-newsletter/may-2012/#OTSE>

Reminder - clarifications are available on NZQA for the aligned level 1 Achievement Standards:

Physical Education:

<http://www.nzqa.govt.nz/qualifications-standards/qualifications/ncea/subjects/physical-education/clarifications/>

Health Education:

<http://www.nzqa.govt.nz/qualifications-standards/qualifications/ncea/subjects/health/clarifications/level-1/level-1-as90971/>

Home Economics:

<http://www.nzqa.govt.nz/qualifications-standards/qualifications/ncea/subjects/home-economics/clarifications/level-1-90956/>