



HORSE RIDING

Eliot

Age: 10 years

Date: 1 July 2010

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22 April

First RDA session. Eliot's horse is called 'Bilbo'. He was very unsure and needed encouragement to put on the riding helmet. Reluctant to get on the horse from the ramp, Eliot was attempting to kick the horse and needed some encouragement from the adults. Once on the horse, Eliot was still very unsure, needing encouragement to hold onto the strap rather than wanting to hold onto Irene's hand. They kept the horse moving constantly to help Eliot relax. He was very vocal the whole 10 minutes.

29 April

Eliot doesn't mind wearing the riding helmet. He was very hesitant to get on the horse and needed a lot of encouragement. Once on the horse, Eliot needed reassurance throughout the session - rather than holding onto the strap he was wanting to hold someone's hand or attempting to get off the horse. The horse was kept constantly moving.

6 May

Great session! Eliot wasn't as anxious this week and looked as though he really enjoyed it. He happily got on the horse and has started to self-adjust himself on the horse while moving. Very quiet while the horse was moving.

1 July

Eliot loves riding - beaming smile! Waits patiently for his turn, is wearing his helmet happily and is listening carefully to instructions. Eliot is getting on the horse without prompting and lifts his leg over independently. He is self-adjusting while riding and now that he is more relaxed on 'Bilbo', he is riding outside of the arena and up the track. Eliot appears to enjoy this more than the tasks inside the arena. Once finished, Eliot is leading the horse out.

Analysis - What learning is happening here?

Key Competencies

It's fantastic to see Eliot clearly having a go, actively participating in the sessions and developing knowledge of what is expected of him from the RDA instructors.

These are just some examples of Eliot managing himself as a learner, participating and contributing, and relating to others, asking for help when he is feeling unsure.

Learning Areas

Level 1 Health and Physical Education: Movement Concepts and Motor Skills; Personal Health and Physical Development.

Eliot is continuing to improve his co-ordination, balance and motor planning through riding and to enjoy participating in physical activity.

Level 1 English - Responding

Eliot is learning to follow instructions in unfamiliar situations.

Where to next?

- Encouraging Eliot to follow the verbal directions given by the RDA instructors within the arena. Provide Eliot with the opportunity to complete the tasks required by the RDA instructors back at school to develop an understanding of what is expected of him.